

CONNECTION PIVOT | MY CARING ACTIONS

INSTRUCTIONS: Solo, then with a colleague or as a team, identify specific ways that you demonstrate care as a leader as a person at an individual interpersonal and institutional level

Samples

	INDIVIDUAL	INTERPERSONAL	INSTITUTIONAL
PERSONAL <i>How do I show myself and others I care?</i>	Check-ins: Regularly check in with friends/loved to see how they are doing.	Quality Time: Organize activities, outings, and time together that promote strengthen interpersonal relationships.	Conscientious Shopping: Intentional supporting brands & businesses that have an economic impact as well as align with my social and environmental values.
PROFESSIONAL <i>How do I show my team, staff, and colleagues I care?</i>	Check-ins: Regularly check in with team members to understand their well-being, both professionally and personally.	Conflict Resolution: Address conflicts promptly and fairly, fostering a respectful and collaborative environment.	Inclusive Policies: Implement policies that promote diversity, equity, and inclusion, ensuring all employees feel valued and respected.

Your Turn

	INDIVIDUAL	INTERPERSONAL	INSTITUTIONAL
PERSONAL <i>How do I show myself and others I care?</i>			
PROFESSIONAL <i>How do I show my team, staff, and colleagues I care?</i>			